



UW Medicine

UW SCHOOL
OF MEDICINE

CENTER FOR HEALTH EQUITY, DIVERSITY & INCLUSION

Workshop Design Options

Option 1:

- Take the course as a group (40 minutes)
Link to course: <https://canvas.uw.edu/courses/1173964>
- Facilitate participant questions/comments about the course as a group
- Break into small groups by counting off so to diversify groups and discuss the following three questions (20 minutes)*
 1. Describe a time you made assumptions about a situation or person that proved to be a mistaken snap judgment
 2. Think about a time that you observed “in-group favoritism”
 3. Identify a structured process in your organization/setting that might interrupt bias
- Report back to group (20 minutes)*
- Group discussion- extract themes and discuss strategies to determine "where do we go from here" (15 minutes)

*Have a group member record discussion and email the notes to facilitator for post workshop collation and distribution

Option 2:

- All participants take the course as assigned “pre work” for the workshop
Link to course: <https://canvas.uw.edu/courses/1173964>
- Large group guided discussion of the course concepts (20 minutes)*
- Break into small groups (no more than 10 people in each group) to work on case vignette(s) (choose from cases included, you may want to vary the patient’s race, ethnicity, gender among the groups, patient statements and photos included)*
 1. Identify possible stereotypes that might operate in the case
 2. Best way to respond to patient
 3. Worst way to respond to patient
- Report out to group, look for similarities and differences in group responses*

*Have a group member record discussion and email the notes to facilitator for post workshop collation and distribution

Option 3:

- All participants take the course as assigned “pre work” for the workshop

Link to course: <https://canvas.uw.edu/courses/1173964>

- Large group guided discussion of the course concepts (20 minutes)*
- Break into groups of 2 to work on diabetes and hypertension case vignettes (you may want to vary the patient’s race, ethnicity, gender among the groups, patient statements and photos included)*
- Identify possible stereotypes that might operate in the case
- What would you say exercise?
 - Best way to respond to patient
 - Worst way to respond to patient
- Report out to group, look for similarities and differences in group responses

*Have a group member record discussion and email the notes to facilitator for post workshop collation and distribution

Option 4:

Create your own!