

UW NURF

2017-2018 Annual Report

Who we are

The University of Washington Network of Underrepresented Residents and fellows (UW-NURF) is a resident and fellow run organization founded in the Fall of 2010.

The organization is a diverse body of residents, fellows and faculty representing all specialties. UW-NURF is sponsored by the Office of Graduate Medical Education (GME) and the Center for Health Equity, Diversity and Inclusion (CEDI).

Our mission

Our aim is to promote cultural diversity in medicine through community involvement, mentorship, professional networking, cultural humility education, and recruitment of underrepresented students, residents, and fellows into Medicine.



NURF

**NETWORK OF UNDERREPRESENTED
RESIDENTS AND FELLOWS**

Promoting Cultural Diversity in Medicine



UW NURF Executive Board



Helen Stankiewicz Karita, MD
Infectious Disease Fellow
Chair



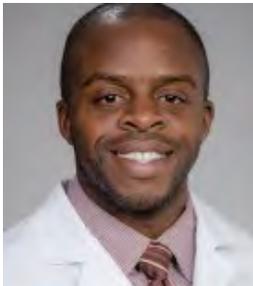
Daniel Gallego, MD
Pathology Resident
Vice-Chair



Patricia Egwuatu, MD
Family Medicine Resident
Secretary/Treasurer



Education Chair, MD
Ken Nudgga-Kabuye
Medical Genetics Fellow



Chino Okoro, MD
Urology Resident
Social Media Chair

Past Chairs

- 2010– 2012 Margaret Onwuka Towolawi, MD (Founder) - Family Resident
- 2012—2013 Kyle Comrie, MD - Physical and Rehabilitation Medicine Resident
- 2013—2014 Lisly Cherie, MD - Urology Resident
- 2014—2015 Brandon Haynes, MD - Urology Resident
- 2015—2016 Estell Williams, MD - Surgery Resident
- 2016– 2017 Shannon Cannon, MD - Urology Resident



Meghna Shah, MD
Internal Medicine Resident
Community Outreach Chair

Executive Board 2018-2019

- Chair: Patricia Egwuatu, MD - Family Medicine Resident
- Vice-Chair: Kenneth Ndugga-Kabuye, MD - Medical Genetics Fellow
- Education Chair: Sherise Epstein, MD - Otolaryngology-Head and Neck Surgery Resident
- Social Media Chair: Kasee Houston, MD - Pediatric Resident
- Community Outreach Chair: Tokunbo Akande, MD - Clinical Informatics Fellow
- HQSC-NURF Chair: Ashley Eaves, MD - PM&R Resident
- Secretary/Treasurer Chair: Courtni Salinas, MD - Anesthesia & Pain Medicine Resident

Advisors/Sponsors



Dr. Byron Joyner
Vice Dean for GME,
Designated Institutional
Official, UW



Dr. Leo Morales
Chief Diversity
Officer, UW



Nora Coronado
Director of Community
Partnership and Develop-
ment, CEDI, UW

Collaborators

- UW Graduate Medical Education (GME)
- UW Center for Health Equity, Diversity and Inclusion (CEDI)
- Committee on Minority Faculty Advancement (CMFA)
- Doctor-for-a-Day Organization (DFAD)
- Student National Medical Association (SNMA)
- Latino Medical Student Association (LMSA)
- Minority Association of Pre-Health Students (MAPS)

Fall Welcome Reception

Date: September 17, 2017

Location: UW Waterfront Activity Center.



Fall Welcome 2018.
Photo: Reza Sadeghian

Keynote Speaker: **John Vassall, MD,FACP**

This event was the first kick-off reception of NURF to welcome medical students, residents, fellows, and faculty to the new academic year. Dr. Vassall provided an interactive talk discussing health equity and inclusion in the current political era.



Dr. John Vassall during the Fall Welcome Event.
Photo: Reza Sadeghian

Town Hall Meeting

“Cultural Humility in Healthcare”

Date: August 30, 2017

Location: UWMC, Room RR202

Speaker: **Byron Joyner, MD**

The NURF town hall meeting was led by Dr. Joyner who provided an overall review of cultural humility and

“This was a great opportunity to meet other residents of the UW community who share the same concerns.”

discussed several challenging cases encountered during residency and fellowship. The session provided an



Participants of the Fall Welcome Event.
Photo: Reza Sadeghian

opportunity to discuss various cultural issues that directly affect resident/fellow, patient care and hospital service

Diversity Lecture Series

NURF hosted four lectures with invited speakers that provided insight into multicultural issues that impact the UW Community.

“Breaking Down Gender from Cis to Trans”

October 8, 2017 - Turner Auditorium
Speaker: **Dina Greene, MD**

Dr. Greene had a well attended talk about providing sensitive health care to transgender patients. She provided basic definitions, reviewed hormonal therapy, laboratory studies, and different challenges that patients face during an ER visit, inpatient hospitalization, and outpatient clinic visits. After the lecture there was a thoughtful discussion about different topics with an engaged audience.



Dr. Dina Greene, Assistant Professor, Department of Laboratory Medicine; Associate Director, Chemistry; Director, Clinical Chemistry Fellowship

“Standing at the Crossroad: Personal and historical reflections on racism, medicine, and bioethics.”

December 12, 2017 - Turner Auditorium

Speaker: **Vanessa Northington Gamble, MD, PhD.**

Dr. Northington Gamble is a University Professor of Medical Humanities at George Washington University. She is the first woman and African American to hold that prestigious, endowed faculty position. In her moving talk, she shared her personal and professional career story including her life as a black child dreaming of becoming a physician, being the

only black medical student, resident, and faculty woman; and a brief overview of the “Syphilis Study” and the HeLa cell line use in medical research. Approximately 65 medical students, residents, fellows, and faculty attended this event.

“I am excited to take back to my department the idea of putting research studies in cultural and historical context.”



Dr. Northington Gamble sharing with the UW audience



Dr. Walker engaged in a deep dialogue with the audience

“Multiple Diversities: A Conversation”

March 6, 2018 - Turner Auditorium

Speaker: **Dr. Sandra C. Walker**

Dr. Walker engaged participants in dialogue of identities (race, gender, sexual orientation, etc.) on our experiences as individuals, professionals, and colleagues as we interact with our peers and patients.



“Such an empowering event”

“Implementation of Cultural Competency and CLAS Standards Training in Solano County”

April 30, 2018 - Turner Auditorium

Speaker: **Sergio Aguilar-Gaxiola, MD, PhD.**

Dr. Aguilar-Gaxiola is an internationally renowned expert on mental health of racial/ethnic populations. The focus of the presentation was his work in partnership to jointly develop and implement the Solano County Cultural Transformation Model to improve access to and utilization of mental health services by Latino, Filipino, and LGBTQ populations. This work is part

of the Center’s 5 1/2 -year, \$6 million CA state-funded project and has led to effective collaborations of best practices for community-defined evidence for underserved populations in Solano County. Additionally, comprehensive cultural health assessments were conducted in 2016 and 2017 to collect extensive qualitative data via stories, histories, and strengths of the Latino, Filipino American, and LGBTQ communities, Solano County leadership, and community-based organizations.

This lecture was co-sponsored by NURF, CEDI, and Latino Center for Health.



Dr. Aguilar Glaxiola during his presentation at Turner Auditorium

HQSC-NURF Health Equity Conference

“Applying Quality Improvement Principles to Healthcare Equity”

March 21, 2018 - R&T Building, HMC

Speakers: -David Flum, Associate Chief Medical Officer & Dr. Leo Morales, Chief Diversity Officer.

This was the first joint Housestaff Quality & Safety Committee (HQSC)-



Dr. Morales presenting national data regarding health disparities.

NURF conference with the goal to encourage an interdisciplinary interaction for trainees interested in Healthcare Equity and Quality Improvement (QI) and align healthcare equity and QI efforts with institutional goals. During this meeting, participants brainstormed QI solutions to develop trainee-led projects to address Healthcare Equity within the UW system.

The small groups were the following:

- Chronic Disease, led by Dr. Rudy Rodriguez
- End of Life, led by Dr. Erin Kross
- Infectious Disease, led by Dr. Paul Pottinger
- Injury Prevention, led by Dr. Monica Vavilala
- Language Access, led by Dr. Yvonne Simpson
- Surgery, led by Dr. David Flum
- LGBTQ, led by Dr. Corinne Heinen



Dr. Flum presenting institutional determinant of health.



Groups discussing potential projects.

Speed Mentoring

March 20, 2018 at Vista Café, Foege Hall.

This event was hosted for medical students to meet faculty, residents, and fellows from various medical specialties. Students had short rotating sessions to ask questions about career in the different medical fields, training options and experiences, and advice was offered on how to be successful during clerkships and sub-internships.

This event has been held each year for the last eight years to provide a benefi-



“Useful opportunities for students to learn about different specialties, especially questions students may not feel comfortable asking on service .”

cial educational and networking experience for medical students of all levels.

The following programs participated during the 2018 Speed Mentoring:

- Pathology
- Infectious Diseases
- Radiology
- Emergency Medicine
- Family Medicine (UW, Kaiser Permanente, and Swedish First Hill Programs)
- Obstetrics
- Genetics and Genomics
- Orthopedics
- Pediatrics
- Peds PM&R
- Gastroenterology and Hepatology
- Neurological Surgery
- Geriatrics
- General and Breast Surgery
- Psychiatry
- Internal Medicine



Pathology faculty and residents sharing information with students

“I liked the networking, got a lot of cards & people were super nice & inviting. Felt like I got a good snapshot of a lot of specialties.”



Infectious Disease faculty discussing career options with students

SNMA West Regional Conference

“Community and Medicine: Highlight and Centering the Strengths of Communities”

November 10-11, 2017 UW Campus

The SNMA Regional meeting was held at the University of Washington Campus bringing together more than 200 high school, premedical, and medical students from underrepresented backgrounds. NURF members had an active role organizing this event:

#NURF Sponsored Reception and Networking/Mentoring for medical students: This event was held on November 10, 2017 at Vista Cafe.

#Conference Workshops: Residents/Fellows led multiple workshops during the conference including for ultrasound, suturing, intubation and patient interviewing.

#Residents/Fellows Panel Discussion: Residents and fellows led panel to share their experiences in their journey to motivate the visiting and local students.

#NURF, GME, CEDI Exhibit table: Tabling to distribute brochures, information about GME residency programs, visiting scholar programs, and networking.



Courtini Salinas leading the intubation workshop



Shakira, Helen, and Courtni during the panel discussion

SNMA National Conference

March 28-31, 2018 - San Francisco Marriott Marquis Hotel.

Twelve NURF members attended the SNMA National Conference representing the UW. NURF members had the opportunity to interact with Medical Students, Pre-Med Students and resi-



Residents and faculty representing UW during SNMA

dents from all over the country. This gave us the opportunity to introduce individuals to the UW and what we can offer them for post graduate medical education.

Residents/faculty who participated in this conference:

- Patricia Egwatu, from Family Medicine
- Preetma Kooner, Michelle Treadwell, Elijah Burbank, Brian Truong, and Priya Deshpande from Anesthesia & Pain Medicine.
- Segen Akliku and Tolu Ashimolowo from Radiology



UW residents participating at the SNMA National Conference

- Chino Okoro from Urology
- Courtney Gilliam and Kasee Houston from Pediatrics
- Ashley Eaves from Internal Medicine

LMSA West Regional Conference

March 2, 2018 - UCLA, Los Angeles.

NURF members represented the UW during the Latino Medical Student



NURF Exhibit table

Association (LMSA) West Conference. Approximately 200 pre-med and medical students from the West Coast participated in this event. NURF had a booth at the Professional Career Exhibit where approximately 50 students stopped by our table for information about UW Residency and Fellowship programs.

4 Residents participated in this conference:

- Meghna Shah and Megha Shankar from Internal Medicine
- Patricia Ojeda and Maria Quezada from Radiology



Megha, Meghna, Patricia, and Maria during the LMSA West Regional Conference.

Doctor for a Day (DFAD)

DFAD is an outreach program that provides youth of color exposure to medical and health professions careers through high-quality, hands-on workshops. DFAD is a collaboration



Students from Boys and Girls Club, Rainier Vista

with SNMA, NURF, and CEDI. Faculty, residents, and fellows volunteered leading multiple workshops include intubation, suturing, pathology, physical exam, among others.

DFAD 2017-2018:
 #September 23, 2017 Boys and Girls Club, Rainier Vista.
 #February 3, 2018 Africatown
 #March 3, 2018 at WISH Lab, HMC
 #May 12, 2018 Federal Way Ron Sandwith Teen Center
 #April 14, 2018 Dale Turner YMCA Shoreline



Students learning physical exam

Resident/Fellow Panel Events

NURF members participated in numerous Panel Discussion hosted by different organizations. These events provided an opportunity for high-school, undergrad, and med students to ask questions about the process of getting into medical school, residency, and fellowship and to learn what attracted the panel participants to their field. The panel also allowed students to ask about what life is like as a resident/fellow and as a professional from an underrepresented background.

Resident/Fellow Panel 2017-2018:
 #November 11, 2017: RMEC Conference
 #February 1, 2018: Association of Minority Professionals Career Panel
 #February 3, 2018: UW Minority Association of Pre-Health Students (MAPS) Conference
 #March 17, 2018: College Success Foundation Opportunities in Health
 #May 15, 2018: MAPS Meeting



Resident/Fellow panel



Med Student/ Resident/Fellow Socials

NURF members meet with local and visiting medical students and sub-interns monthly to socialize, provide coaching/mentoring, as well as promote recruitment and networking.

Advocacy

NURF member participated in the National Hispanic Medical Association in Washington D.C. which included a Congressional Meeting at Capitol Hill to discuss and advocate for minority health priorities, including cardiovascular disease, HIV and language access in healthcare.



Photo: NHMA

